

SYNCRO / SYLVA SERIES



SYNCRO 20



SYNCRO 12



SYNCRO 5



SYLVA 12



SYLVA 5

Welcome to Osprey. We pride ourselves on creating the most functional, durable and innovative carrying products for your adventures. Please refer to this owner's manual for information on product features, use, maintenance, customer service and warranty.

OWNER'S MANUAL



osprey.com

OVERVIEW



FEATURES

SHARED

- 1 Front stretch mesh pocket
 - 2 Scratch-free, heat-embossed zippered slash pocket
 - 3 LidLock helmet carry
 - 4 Blinker light attachment
 - 5 Integrated, removable high-visibility raincover
 - 6 Magnetic sternum strap for quick access to reservoir bite valve
 - 7 Zippered tool organization pocket
- + Dedicated reservoir compartment with Hydraulics® LT 2.5L reservoir included

FABRIC

- MAIN** 100D Nylon Honeycomb
ACCENT 100D Nylon Honeycomb
BOTTOM 100D Nylon Honeycomb



OVERVIEW

SYNCR0 20

SPECS	ONE SIZE
Cubic Inches	1220
Liters	20
Pounds*	1.95
Kilograms*	0.89
Inches	19h x 10w x 11d
Centimeters	48h x 27w x 27d



UNIQUE FEATURES

- 1 Zippered hipbelt pockets
- 2 Dual stretch mesh side pockets
- 3 Dual upper and lower side compression straps

SYNCR0 12

SPECS	ONE SIZE
Cubic Inches	732
Liters	12
Pounds*	1.72
Kilograms*	0.78
Inches	18h x 10w x 9d
Centimeters	46h x 27w x 23d



UNIQUE FEATURES

- 1 Dual stretch mesh side pockets
- 2 Dual upper and lower side compression straps

SYLVA 12

SPECS	ONE SIZE
Cubic Inches	732
Liters	12
Pounds*	1.63
Kilograms*	0.74
Inches	17h x 10w x 9d
Centimeters	43h x 27w x 22d



SYNCR0 5

SPECS	ONE SIZE
Cubic Inches	305
Liters	5
Pounds*	1.31
Kilograms*	0.60
Inches	18h x 10w x 7d
Centimeters	45h x 27w x 17d



SYLVA 5

SPECS	ONE SIZE
Cubic Inches	305
Liters	5
Pounds*	1.26
Kilograms*	0.57
Inches	16h x 10w x 7d
Centimeters	40h x 27w x 17d



* Pack weight does not include reservoir

CARRY



CARRY

1 AIRSPEED SUSPENSION

- + Peripheral LightWire frame creates a platform for a contoured, tensioned mesh backpanel

2 AIRSPEED BACKPANEL

- + 3D-tensioned, breathable mesh backpanel provides extreme ventilation with a comfortable fit

3 BIOSTRETCH HARNESS

- + Bike-specific shoulder strap shape provides comfort and stability
- + Soft, breathable spacermesh contact surfaces and die-cut foam ventilation

4 HIPBELT

- + Padded spacermesh hipwings with webbing ErgoPull waist strap provides comfort and stability [12L / 5L]
- + Airmesh wrap hipbelt with zippered pockets provide stability and breathability [20L]



SIZING / FIT

SYNCRO - MEN'S

TORSO 0/S 17-21" / 43-53 cm

SYLVA - WOMEN'S

TORSO 0/S 14-18" / 35.5-46 cm

WOMEN'S-SPECIFIC FIT

- + Narrower and shorter torso length
- + Narrower, shorter harness with curves designed to accommodate most women's necks, shoulders and chests.

FIT



BACKPANEL

The backpanel and harness straps should wrap fully around your shoulders with no gaps between the pack and your back.



HARNESS

The padded part of the harness straps should end 1 1/2 cm - 2 1/5 cm below the armpits.



STERNUM STRAP

The sternum strap adjusted to approximately 2 1/5 cm below the collarbone.

FEATURES



RESERVOIR SLEEVE 20L / 12L / 5L

The dedicated reservoir sleeve is compatible with reservoirs up to 3L.

- + An internal hanging loop with buckle ensures proper vertical orientation and stability
- + The backpanel hydration exit port is centered, allowing routing to the right or left side of the harness
- + Elasticized routing straps on the pack's harness hold the reservoir hose in place

For more information on Osprey's full line of reservoirs and reservoir care, visit osprey.com.



RESERVOIR BITE VALVE MAGNET 20L / 12L / 5L

The sternum strap magnet allows for quick access to the reservoir bite valve.



INTEGRATED RAINCOVER 20L / 12L / 5L

The integrated, removable high visibility raincover provides pack protection in adverse conditions and a safety feature when traveling on roads.

- 1 Locate the raincover icon and unzip the raincover compartment.
- 2 Pull the raincover from the compartment and slip it over the top and bottom of pack using the peripheral elastic to hold it in place.
- 3 Reverse this process to return raincover to compartment.
- 4 To remove the raincover altogether, unfasten the toggle from the cord loop and remove.

Note: To prevent mildew, allow the raincover to dry entirely before storing.



LIDLOCK HELMET ATTACHMENT 20L / 12L / 5L

Osprey's LidLock easily and securely carries a bicycle helmet.

- 1 Locate the LidLock helmet attachment clip near the top of the pack's front panel and pull away from the pack.
- 2 In the vertical position, pass LidLock through helmet vent from the bottom and engage in horizontal position.
- 3 Inside the pack's front slash pocket is a cord loop to increase or decrease the LidLock's tension.

FEATURE DETAILS



INTERNAL ORGANIZATION
20L / 12L / 5L
Organization for essentials and pocketing sized for bike-specific tools and gear.



DUAL STRETCH MESH SIDE POCKETS
20L / 12L
For quickly stashing gear.



BLINKER LIGHT ATTACHMENT
20L / 12L / 5L
Blinker light attachment and reflective patch for safety.



DUAL UPPER AND LOWER COMPRESSION STRAPS
20L / 12L
Quick-release compression straps allow for pack compression for added stability.



SCRATCH-FREE SLASH POCKET
20L / 12L / 5L
Scratch-free, heat-embossed zippered slash pocket for sunglasses or electronics.



ZIPPERED HIPBELT POCKETS
20L
On-trail access for small items.



FRONT STRETCH MESH POCKET
20L / 12L / 5L
For quickly stashing gear.